



# Cambridge-Isanti High School MN State High School League athletics and activities



## FALL SPORTS

**Boys/Girls Cross Country**  
Head Coach: Josh Lowman  
763-689-8658

**Football**  
Head Coach:  
Michael Hennen  
763-442-9272

**Cheer Squad**  
Head Coach: Angie Lindberg  
763-350-5369

**Boys Soccer**  
Head Coach: Charles Kieffer  
763-689-6034

**Girls Soccer**  
Head Coach: Michael  
Galligan  
763-689-6442

**Girls Swimming**  
Head Coach: Jen Olson  
612-363-3519

**Girls Tennis**  
Head Coach: Lee Orvik  
763-689-6417

**Volleyball**  
Head Coach: Vicki Courts  
763-689-6451

## WINTER SPORTS

**Boys Basketball**  
Head Coach: Mike  
McDonald  
763-689-6481

**Girls Basketball**  
Head Coach: Jody Ledahl  
763-689-6472

**Gymnastics**  
Head Coach: Wendy Rooney  
763-843-8502

**Boys Hockey**  
Head Coach: Chris Sylvester  
320-232-8671

**Girls Hockey**  
Head Coach: Corey Buström  
763-843-6094

**Cheer Squad**  
Head Coach: Angie Lindberg  
763-350-5369

**Boys Swimming**  
Head Coach: Gary Gotz  
763-691-8638

**Wrestling**  
Head Coach: Neil Jennissen  
763-689-6045

## SPRING SPORTS

**Baseball**  
Head Coach: Todd Smrekar  
763-689-6424

**Bowling – Adapted**  
Head Coach: Steve Tischer  
763-552-6331

**Boys Golf**  
Head Coach: Mike Hennen  
763-689-6492

**Girls Golf**  
Head Coach: Steve Hanson  
763-245-0457

**Softball**  
Head Coach: David Hanson  
763-689-6056

**Boys Tennis**  
Head Coach: Thea Lowman  
763-689-6437

**Boys Track**  
Head Coach: Kent Viesselman  
763-689-6414

**Girls Track**  
Head Coach: Michael Galligan  
763-689-6442

**Weightlifting Supervisor: Neil Jennissen 763-689-6045**  
Weight lifting is offered free of charge on Monday, Wednesday and Friday - both mornings and afternoons, during the school year

## ACTIVITIES

**Mock Trial** Advisor: Chad Filley 763-689-6434  
Winter activity – Oct.-Feb.

The mock trial team is given a legal case to prepare and present in competition against other schools. Mock trial helps students learn about the legal system and trial law; and helps improve speaking, organization, thinking and cooperative skills.

### Music

**Band:** Justin Kennedy 763-689-6426  
**Choir:** Frank Wells 763-689-6430

Offered during the school year. Competitions are held for both band and choir at the conference and section level.

**One-Act Play** Advisor: Kelly Fahrni 763-689-6487  
Winter activity – Dec.-Feb.

The one-act play is a competition play involving approximately 20 students. Tryouts for cast and crew take place in early December; with rehearsals after school in December and January. The play is performed in mid-January at a conference festival, in late January before parents/students; sectionals and state competition follow.

**Robotics** Advisor: John Almos 763-689-6460  
Spring Activity – Jan.-May

The FIRST® Robotics Competition (FRC®) combines the excitement of sport with science and technology to create a unique varsity Sport for the Mind™. FRC helps high-school-aged young people discover the rewarding and engaging world of innovation and engineering. The FIRST® Robotics Competition (FRC®) stages short games played by robots. The robots are designed and built in six weeks (from a common set of parts) by a team of high-school-aged young people and a handful of engineers-Mentors. The students program and remotely control the robots in competition rounds on the field.

**Speech** Advisor: Kelly Fahrni 763-689-6487  
Spring activity – Feb.-April

Speech is a public speaking and/or oral interpretation activity with 13 different competition categories. Sign-up is early November with invitationals in February and March. Competitions for both teams and individuals continue from the end of March to mid-April.

### Visual Arts Competition

Advisor: James Sullivan 763-689-6461  
Offered during the school year.

Offers students an exposure to the world of art, and an opportunity to present at a juried exhibition. Awards are presented for outstanding and original work.